

RULES OF PLAY Spring Rec League 2023

Little Ballers is 2 x 16 Minute Halfs running time

Junior Division is 2 x 16 Minute Halfs running time

Senior Division is 2 x 16 Minute Halfs running time

Overtime: 1 Minute stop clock & every foul is double bonus.

Additional Overtime after 1st overtime, it's first point wins.

Substitutions: Subbing is every 4 minutes for all divisions, clock does not stop during subs, you got 10 seconds to sub then ball is put in play by the official(s).

When subbing, no player can sit twice in a row in a HALF and everyone has to sit at least once during the game, the only time you don't have to sit at all is with 5 players then players can play whole game. (Example: If a player is sitting the last 4 minutes of the first half. They can sit the start of the second half. You just can't sit twice in a row in a half) It's 5 in 5 out subbing if team has 10 players. NOTE: *The last 2 minutes of junior & senior division games, coaches will be able to substitute at their own discretion during any dead ball situation.*

Clock: Running Time until last 1 minute in Little Ballers League & last 2 minutes of game it will be Stop Clock for Junior & Senior Divisions.

However it's running time if their is a lead 10 points+ Little Ballers & 20 points+ during that last 2 minutes of game, that goes for Junior & Senior Division.

Defense: Senior & Juniors Division All Man Defense, no double teaming outside the 3 point arc. If ball is outside of 3pt arc. All players must be outside of key and on same side of court of player they are matched up with. **No press till last 2 minutes of game for Junior Division, no press till last 8 minutes of game for Senior Division (Any defense goes last 2 in Junior & last 8 minutes of Senior).** *In addition, can't press with a 20 Point Lead in any division, just to clarify both teams will not be able to press if their is a lead of 20 Points or more, even the team that is down can't press in that situation.*

Fouls: Junior Division 6 Fouls. Senior Division 6 Fouls. One and One at 10 Fouls. Double Bonus 12 Fouls. **Last Minute of Game any foul is Double**

Bonus that goes for Junior Division & Senior Division. In event of Overtime, it would be a 1:00 Minute overtime & each foul in overtime would be double bonus! Additional Overtime after 1st overtime, it's first point wins in regular season.

Timeouts: One Time Out Per Half. (No Timeouts in Overtime, only time a time out carries over is if you didn't use one during regulation. That timeout would carry over in overtime.

Little Ballers League. Only Man to Man defense is allowed. No team will press at anytime. No doubling teaming outside of the 3 point arc.